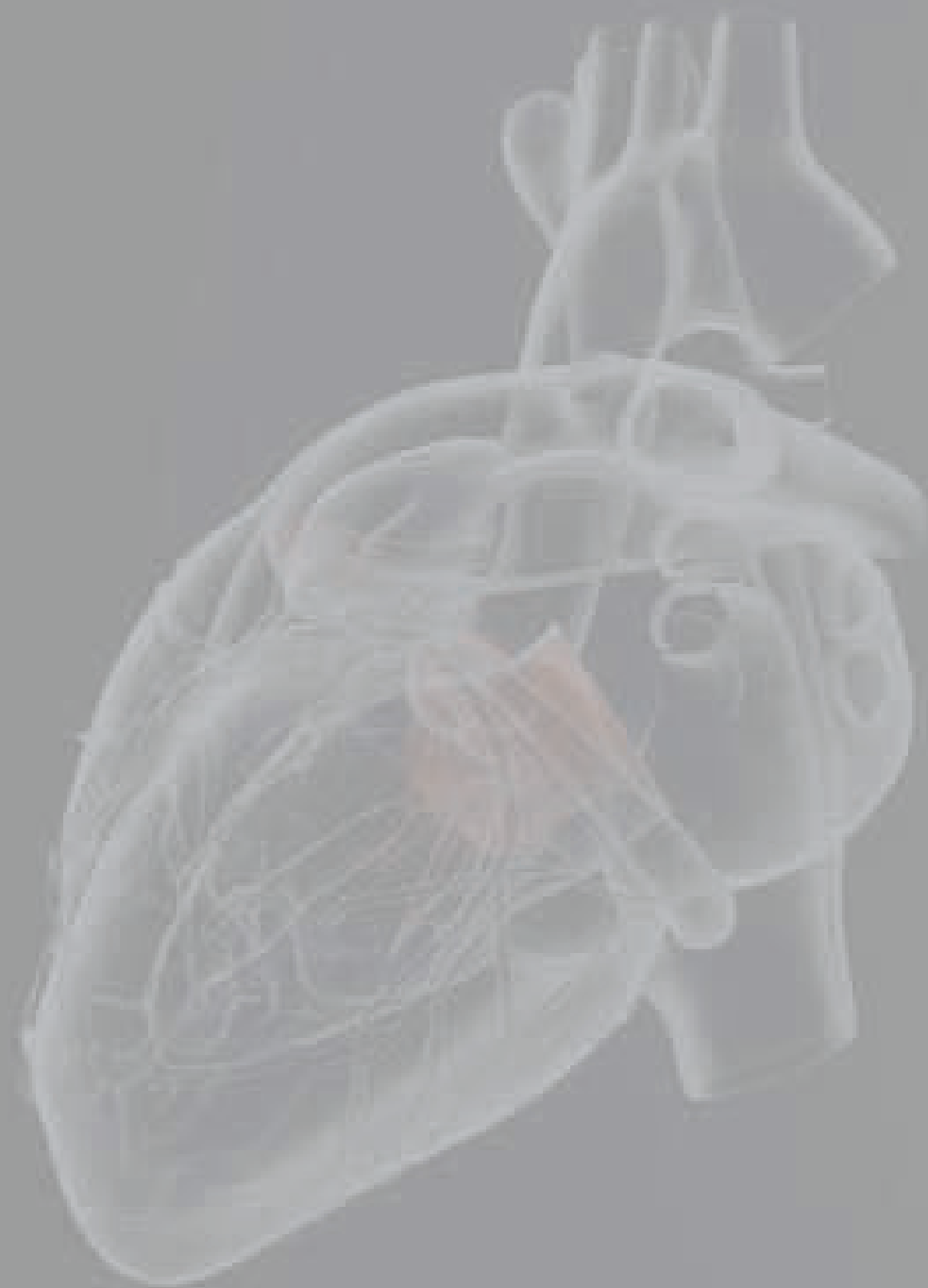




Moyo Medicare
DEVOTED TO SERVE



PLOT 44,
BLOCK 3,
SEKEI UZUNGUNI,
EAST AFRICAN ROAD.



Moyo Medicare



Moyo Medicare

VISION

Striving to be the leader in patient experience and clinical outcomes

MISSION

To deliver safe, quality, patient centered hospital care, directly and through partnership

OUR MOTTO

Servio (Latin for 'I am devoted to serve')

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Moyo Medicare

INTRODUCTION

MOYO Medicare limited is a health care business with certificate of incorporation No 141393 owned by a dedicated physician devoted to the practice of internal medicine.

Moyo specialized clinic is located in Northern part of Tanzania, Arusha plot 44, block 3- Sekei Uzunguni, EAC road. Population research show that demographics of the population in Arusha are similar to those of other regions where internal medicine health-care has experienced rapid growth due to the fact that Non communicable disease has been on the significant raise in the past ten years.

Our future plan is to open and staff a Teaching medical university to serve Tanzania Northern zone, surrounding communities and united republic of Tanzania.

Moyo Specialized Polyclinic, (MMC) is a multi-specialty private clinic.

The clinic aims at providing the highest standards of medical care to all its clients extensively.

Apart from offering services such as Intensive treatment and follow up of Non Communicable diseases, (Hypertension, Diabetic, Renal- dialysis services and cardiac issues), we also provide family health clinic for you and you're your loved ones including well pediatric and baby clinics, eye care, dental care, executive health clinics plus clinic physiotherapy and home-based rehabilitation across Arusha.

Our pride lies in our highly qualified professionals who deliver our mission every day, translating their knowledge and expertise to internationally compliant practices in healthcare provision.

OUR SERVICES

The Moyo specialized clinic is multi-specialists clinics run six days a week by appointment. These clinics ensure continuity of care for our esteemed clients who can access all types of specialists under our roof. We make it easier for the patient by bringing the doctors to run specialty clinics in a time share consulting rooms.

WELL MOYO CLINIC

The Heart Clinic is a specialized outpatient cardiac clinic for the care of patients with heart conditions.

- Medical assessment and follow-up
- Personalized testing and treatment to best meet patient needs
- Assistance with managing medication and therapies for heart failure treatment
- Ongoing patient and family education about the disease process, diet, lifestyle, self-monitoring, and self-assessment
- Optimization of quality of life, symptom management and prevention of hospital admissions
- Ongoing support through follow-up visits and telephone monitoring



DIABETIC CLINIC

Diabetes clinics give you the chance to meet medical experts who can check that you're as healthy as possible and give you highly specialized advice on how to look after your diabetes. This clinic is open to all patients newly diagnosed or living with either Type 1 or Type 2 diabetes. This clinic offers follow up care for diabetic patients, foot and skin assessment and conducts blood sugar monitoring, diet counseling and holistic management of the clients health.

HYPERTENSION CLINIC

We understand how much high blood pressure (also called hypertension) impacts your health. At the Moyo Medicare clinic, we treat and help patients monitor chronic (or long- lasting) high blood pressure.

- Individual evaluation —our evaluations give you the best options for treating your high blood pressure. We see all kinds of patients,
- 24-hour ambulatory blood pressure monitoring studies—These studies give doctors the best information about your blood pressure—like if your blood pressure changes at night or surges in the morning
- Home blood pressure monitoring training





WELLNESS CLINIC

(Well man and well woman clinics)

- A wellness check-up provides a 'snapshot' of the functioning of your body.
Understanding what goes on in your body is essential for us to help you reduce the chances of medical conditions that may arise without any warning signs or symptoms
- The program will help you to manage your work, leisure and lifestyle better and therefore look forward to years of good health.
- We also provide you with specialist consultant doctors and nurses who conduct your wellness check-up with the utmost professionalism and confidentiality.

TRAVEL AND ROUTINE VACCINES

- Travel vaccines and other disease preventive vaccines are offered in this clinic per specific requirement

WELL BABY AND PEDIATRIC CLINIC

Pediatric unit has the best and skilled pediatrician in Arusha. We are one among the good baby and child in Arusha. We offer a comprehensive specialized Services and also to meet pediatric emergency care. We understand that infants and children's require unique and superior care.

We serve outpatient care starting from the new born to the adolescents. The primary services and consultation are done and if necessary, various test and diagnostic evaluation are performed in outpatient clinic. The first end care to the children's is fulfilled in our outpatient unit as we have well trained and educated health care professionals

Well Baby Clinic

– It offers services to new parents and baby up to one year. It indulges in breast feeding, nourishment, development of the child and parenting tip

OBSTETRICS AND GYNECOLOGY

•Our Obstetrics and gynecology clinic comprised with skilled specialists and other supporting staffs. They provide services to women who are pregnant and guide them throughout their pregnancy and child birth.

Our services include gynecological care, nourishment and well-ness plan.

ANTENATAL & POST NATAL CLINICS –

It mainly indulges in pre-birth and after birth care for expectant mothers. The doctors ensure training programs for healthy and safe pre pregnancy, during delivery and after delivery. These clinics fix regular schedules with the Gynecologist and educate the mothers about pregnancy complications and guarantee hassle free delivery of their babies.



FAMILY PHYSICIAN

At Moyo specialized clinic we have eight (8) family doctors to take care of your entire family, visit our clinic to enroll your family with a family physician

1) Family physicians oversee your preventive care

- Educating patients in disease prevention and health maintenance is one of the biggest functions a family doctor performs. They care for your entire being, including your mental and emotional needs. This might take the form of helping you with:

- Stress relief and anger management techniques

Weight control and nutritional counseling, Fertility testing and counseling Suggesting the best forms of physical exercise for your fitness level

2) Family physicians are experts at managing common complaints

- When a child has a flu virus, or you feel like you're coming down with another bladder infection, your family doctor is your go-to medical resource for the appropriate prescription medication. If your child needs immunizations for school or camp, or you have concerns about your child's physical growth rate, your family doctor is your first stop.

3) Family physicians diagnose emerging conditions

Because they provide treatment to you and your family over long periods of time, family physicians know your medical history very well. They know what's "normal" for you, and are often the first person you confide in when you experience new or unusual symptoms. Family doctors are often the first to screen you for early signs of serious diseases such as cancer, and often they're the first to detect emerging conditions.

4) Family physicians manage chronic illness

- Stroke, heart disease, asthma, diabetes and cancer are some of the most common chronic and degenerative conditions managed by family physicians.

5) Family physicians are the quarterbacks of your health care team

- They coordinate on your behalf with rehabilitation and occupational therapists, mental health workers, pharmacists, social workers and other health care providers.

- They refer you to a specialist if your condition becomes serious and requires a more concentrated focus, but they stay involved and informed, acting as your primary care physician





EYE CLINIC

(OPHTHALMOLOGY AND OPTOMETRY SERVICES)

Our eye department is specialized in all aspect of eye care including cataract, glaucoma diagnosis, management and some ocular disease day care eye surgery
Optometry services includes- there is comprehensive eye exam which is conducted to identify the refractive problem in the eye, depending on the condition diagnosed , glasses or lenses are prescribed to the patient
“Every eye deserve the best”

EAR, NOSE AND THROAT (ENT)

Our ENT specialists are equipped with latest medical technologies and have years of expertise along with high-tech tools to diagnose and treat both frequent and individual anarchies.



EXECUTIVE HEALTH CLINIC

At your own convenience and as a client of the Executive Health Program you will undergo a comprehensive set of lab tests and non-invasive exams. Before you leave, the results, an in-depth consultation and strategic recommendations are given to you to address any current or potential health issues.

- At your request a confidential and comprehensive medical report is sent to you and your personal physician.
- Our medical team will be available during any medical emergency or do consultations be it at your office or your home,
- o Domestic staff wellness checkup is done through this clinic

MENTAL HEALTH CLINIC (PSYCHOLOGY AND PSYCHIATRIC CLINICS)

Assessment and behavioural management of Neurodevelopmental disorders in Children, such as:

- Autism spectrum disorders, Attention deficit and hyper activity disorders, Specific learning disorders, Speech and Language disorders, etc

Mood, Anxiety and Trauma related Disorders:

- Bipolar mood disorders and Major depressive disorders , Anxiety related Disorders, Trauma and Stress related disorders, Obsessive compulsive disorders

Addiction and substance related disorders

Other Disorders affecting normal daily functioning:

- Sleep disorders, Disorders with sexual functioning, Eating Disorders etc

Neurocognitive disorders associated with:

Individual therapy: Behavioural therapy, Cognitive behavioural therapy (CBT) and Supportive therapy



DENTAL SERVICES

At Moyo we provide high-quality dental care and a state of the art dental equipment to keep your smile healthy and beautiful.

We care for patients with oral health care needs all across the dentistry spectrum. Whether you need a routine cleaning, have a complex oral health issue, or want to improve the appearance of your smile — we can help.

Our dental services are;

- Fillings, root canals, and extractions
 - Cosmetic dentistry, such as whitening, porcelain and composite veneers
 - Crowns, bridges, full and partial dentures
 - Oral appliances for control of sleep apnea
 - Preventive care, periodontal therapy, and nutritional - counseling
 - Relaxation techniques using nitrous oxide sedation
 - Oral health education
- “We bring back your smile”



DIALYSIS SERVICES

MoyoMedicare offers Comprehensive renal replacement therapy (dialysis) options are available to people with end stage kidney disease

8 bed dialysis unit offers hemodialysis to both Infectious and non infectious patients

Our unit comprised with skilled and professional staff.

GASTROINTESTINAL SERVICES

- Endoscopy/ Colonoscopy



LABORATORY

- MOYO specialized Clinic has its own private medical Laboratory which offers a comprehensive set of laboratory medical services.
- The dedicated clinicians at our laboratory are highly trained to collect specimen and perform tests correctly to obtain accurate and right medical results.
- The equipment in our medical laboratory are maintained regularly and its accuracy is checked at regular intervals to ensure there is no discrepancy in the results produced.
- The laboratory follows a standard operating procedure for each and every routine test.
- Turnaround time for the laboratory results
 - o Depending with the test type, turnaround time range from five (5) minutes to two hours (2Hr)

PHARMACY

- MOYO Specialized clinic pharmacy prides in the quality of professional services offered to clients/patients.
- We dispense medicines on valid prescriptions; both for patients seen within the Hospital and also for patients seen by doctors outside our Clinic
- Home medicines sorting and assessment services
This is a free service for patients and general public who have excess or old medications that they are unsure about.
- Our Pharmacy staff provide medication sorting service (not exchange or refund) as well as information on the medications.

RADIOLOGY SERVICES

- X Ray, ECHO, ECG, 3D/4D ULtrasound

SURGICAL CONSULTATION



PHYSIOTHERAPY

The Physiotherapy unit at Moyo specialized clinic provides services for both outpatients who visit our clinic and home based. These services help in prevention, treatment and management of illnesses and injuries through various means including electrical agents, exercises, soft tissue manipulation (manual therapy), and traction unit with modern Rehabilitation equipment, (Treadmill, Automatic standing frame, Static bikes both upright and recumbent) among others.

Home based physiotherapy.

We recognize that at times, due to injury or mobility issues, a client may not be able to come to us. That's why we complete home based therapy services where we literally bring the physiotherapy clinic to you.





Moyo Medicare

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